

# Lady Elliot Island – Itinerary

Lady Elliot Island is a coral cay located at the southern tip of the World Heritage listed Great Barrier Reef.

Situated within a highly protected “Green Zone” the coral cay is a sanctuary for over 1,200 species of marine life and is known for its abundance of manta rays, turtles, amazing array of spectacular marine life and unspoilt coral reef.

This itinerary provides you with the opportunity to swim twice a day in this wonderful environment. Lady Elliot Island has four identified swim locations and during your stay you will explore each of these areas from the protected lagoon swims to open water ways of the Coral Gardens through to the Lighthouse Bommie.

To ensure the best possible experience, the week will be planned around the predicted tides and weather. The tour staff work closely with the Island’s activities staff to plan the week ahead.

You can create your own week by opting in or out of the various planned swims. Or you will also have the option to complete only part of or all of a particular swim, ie; most swims have an early exit option. Each swim will range between 2 – 3 km and normally scheduled for an hour in duration.

Lady Elliot Island Eco Resort also offers a number of guided tours from a “Reef Walk Tour” to the “Island History Tour” there is always something to fill your day.

## Your week will include the following:

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|  <b>OPTION OF TWO GUIDED SWIMS PER DAY</b> |  <b>ONGOING COACHING AND SWIMMING TIPS</b>   |
|  <b>EVENING SUNSET DRINKS</b>              |  <b>LAGOON SWIMS</b>                         |
|  <b>SNORKELLING</b>                        |  <b>OPEN WATER SWIMS</b>                     |
|  <b>TWO BOAT ASSISTED GUIDED SWIMS</b>     |  <b>UP-CLOSE ENCOUNTERS WITH MARINE LIFE</b> |